## Being A Good Garden Neighbor To A Stream: IPM and Water Quality

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### Every Drop of Water Goes Somewhere

- Runoff
- Infiltration and Migration
- Evaporation
- Uptake





#### Know Your Watershed Address

- Every stormwater catch basin goes to a stream.
- What stream does your stormwater go to?
- What small river does that stream join?
- What major river drains your area?



### Get to know your local streams

- What is this stream good for?
  - Fish
  - Wildlife
  - Plants
  - Irrigation
  - Stormwater management
- What condition is the stream in?
- How does my property affect this stream?

## Think about what water from your property can contain

- Detergents from car washing
- Oil and other fluids leaked on driveways
- Oil and gas spills from lawn mowers
- Fertilizers
- Herbicides
- Pesticides
- Silt, sand and soil
- Salt from de-icing

# Strategies for minimizing your impact on water quality

- Good cultural practices
- Minimize runoff
- Use only as much fertilizer as you need
- Create buffer strips
- Practice Integrated Pest Management

## Start with good cultural practices

- Right Plant Right Place
- Adjust Soil pH
- Disease resistant plant varieties
- Plants appropriate to your climate zone
- Clean, un-crowded beds
- Appropriate drainage

#### Minimize runoff

- Design gardens to infiltrate water
- Direct roof drains to rain barrels or in-ground infiltrators
- Surround hardscaping with lawn or flowerbeds
- Terrace slopes and grade the lot to retain water
- Use permeable paving or gravel for paths where possible

#### Reduce Fertilizer Use

- Use the proper fertilizer for each plant
- Test your soil to find out how much fertilizer you really need.
- Use compost
- Mix the fertilizer with the soil
- Remember the more you fertilize your lawn, the more you will have to mow it!

## Create Buffer Strips

- If you abut a stream, drainage ditch, or wetland:
  - Plant a buffer strip at least six feet wide along the edge
  - Use low-maintenance, native shrubs, ferns, ground covers and perennials
- Buffer strips filter runoff and reduce the amount of lawn and garden products reaching the stream

#### Good Plants for Stream Buffers

- Cornus sericea Redosier Dogwood
- Hamamelis virginiana Witch hazel
- Viburnum dentatum Arrowwood
- Viburnum trilobum Cranberry Virburnum
- Ilex verticillata Winterberry Holly
- PJM Rhododendron
- Caltha pulustris Marsh Marigold
- Ostrich fern

#### Groundcovers

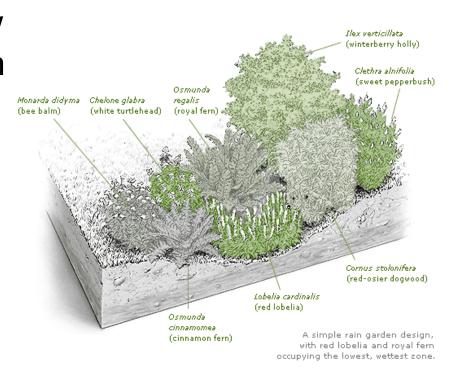
- Ajuga reptans
- Asarum canadense Wild Ginger
- Convallaris majalis Lily of the Valley
- Hosta
- Lycopodium clavatum Running pine





#### Rain Gardens

- A rain garden is a low point that collects rain water
- Use moisture tolerant plants
- Adjust the soil or provide an infiltration structure to avoid standing water



## Integrated Pest Management (IPM)

- IPM is a technique for minimizing the use of herbicides and pesticides.
- IPM will give you a healthy garden
- IPM will reduce the cost of your garden
- IPM will make your lawn and garden safer for you and your family and your pets

## The Steps of IPM

- Observe
- Diagnose
- Assess
- Fix the Problem
- Lowest Impact Strategy First
- Treat with herbicide or pesticide only if the damage is unacceptable

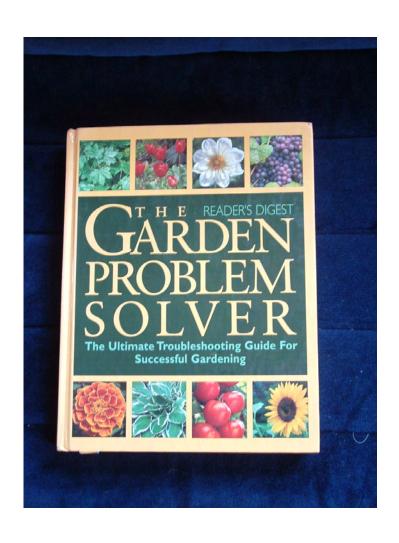
#### Observe

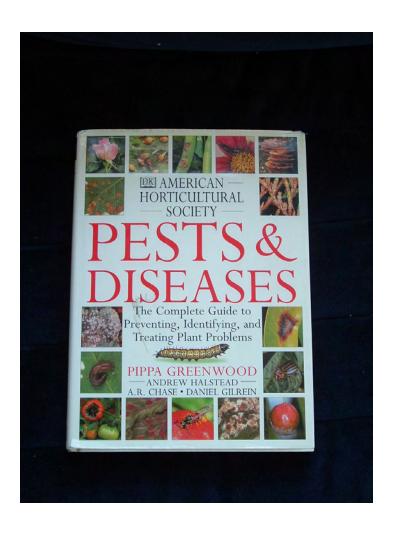
- As you walk through your gardens, look at them carefully
  - Do the plants look healthy?
  - Do you see insects or signs of insects? Chewed leaves, cut stems, webs?
  - Do you see signs of disease? Yellowed leaves, black or brown spots, wilted leaves?
- The earlier you detect a problem the easier it is to fix it

## Diagnose

- Identify the insects you see or see signs of
- Are these harmful or beneficial insects?
- What plants are affected?
- What specific disease does the plant have?

## Some Good Books For Diagnosis





#### Assess

- How bad is the problem?
- Is the problem fatal or only cosmetic?
- If it is a disease, is it spreading to other plants?
- If it is an insect, how many are there?
- Can you live with it or do you need to take action?

#### Fix The Cause of the Problem

- If it is a fungus, is the plant getting enough air movement and sun? Is it crowded?
- Is the plant stressed by drought or poor drainage?
- Does the plant have the right soil pH?
- Is the plant being fed properly?

## Use Low Impact Controls First

- Pick insects by hand and kill them
- Spray with horticultural oil or insecticidal soap
- Prune damaged or diseased stems and limbs
- Remove severely diseased plants. Do not compost them.
- Dig weeds by hand

## Only if the damage in unacceptable

- Use the right pesticide or herbicide for the problem
- Read the label and use the product as directed
- Treat only damaged or threatened plants
- Use the minimum amount needed to solve the problem
- Dispose of any excess product properly.
  Never dump it into a storm drain or bury it.

With proper methods, your garden will be a good friend to your stream!