# **SAMPLE** REGULARLY (EVERY MONTH!)

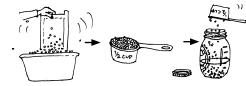
### Alcohol wash

The most accurate way to determine *Varroa* levels in your hives



10 STEPS -

- 1) Pour alcohol into jar. Set materials in easy reach
- 2) Find a frame of **open brood** Check that the queen is not on frame!
- 3) Shake adult bees from frame into dishpan Scoop ½ cup (~300) bees and pour into jar



- 4) Shake remaining bees from bin into colony
- 5) Seal solid lid on jar and shake for 1-2 min
- 6) Let jar sit for 1-2 minutes
- 7) Replace solid lid with mesh lid



8) Shake jar contents into empty dishpan

#### 9) Count the total # mites.

If there are >3, it is time to apply a chemical treatment (see inside of brochure)

10) Discard bees and mites Wash all materials; can reuse alcohol

→ email <u>bees@mass.gov</u> for a free kit!

### **KNOW YOUR PEST**

### Meet the Varroa mite...

The Varroa Mite, *Varroa destructor*, is an external parasite that feeds on honey bee adults and brood. **They weaken bees and transmit viruses.** 



Unmonitored and unmanaged infestations of Varroa mites will result in colony death.

### COMMON SIGNS OF MITE DAMAGE:



- Open or damaged pupal cells
- Chewed-down pupae
- Emerging adult bees with deformed or missing wings

Version 4, May 2020. Publication produced by the Massachusetts Department of Agricultural Resources (MDAR), University of Massachusetts, and Maine Department of Agriculture, Conservation, and Forestry (MDACF), funded by the Northeastern IPM Center through grant #2014-70006-22484 from the National Institute of Food and Agriculture, Crop Protection and Pest Management, Regional Coordination Program, and reprinted with permission from the Northeastern IPM Center.

Drawings by Hannah Whitehead. Brood photo by Kim Skyrm. Other images from USDA Office of Communication in Research Science <u>https://www. usda.gov/media/blog/2014/05/13/helping-honey-bees-health</u>



United States National Institute Department of of Food and Agriculture Agriculture



## Integrated Pest Management (IPM) for **Varroa mites**



**IPM** is a decades-old farm strategy for mitigating pests while minimizing chemical use. Experts now recommend IPM for *Varroa*.

Rather than relying on a "silver bullet", good IPM incorporates **multiple practices** throughout the season, based on **pest levels** and **pest biology**.

### **IPM PRINCIPLES:**

- $\rightarrow$  KNOW YOUR PEST
- PREVENT pest build up using non-chemical practices
- $\rightarrow$  SAMPLE REGULARLY

to track pest population levels

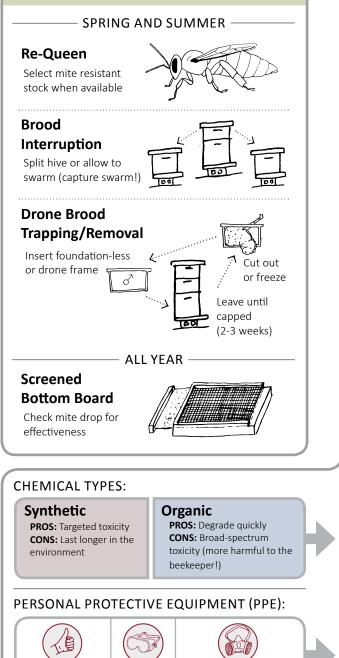
→ INTERVENE with pesticides when populations reach damaging thresholds (vary products to prevent pest resistance)



This pamphlet will help you to use IPM principles to manage Varroa mites.



# **PREVENT** PEST BUILD UP USING NON-CHEMICAL PRACTICES



Chemical-resistant

gloves

Safety

goggles

**Respirator** with an organic

particulate filter

### **INTERVENE** W/ PESTICIDES WHEN PESTS EXCEED THRESHOLDS (>3 MITES/SAMPLE!)

### TABLE OF MITICIDE OPTIONS for full product labels, visit <u>http://www.kellysolutions.com/MA/pesticideindex.htm</u>

	Name Active Ingredient [mode of action]	Season [temp] = less effective when brood is present	Honey super safe?	Treatment Duration	Application Type For instructional videos: honeybeehealthcoalition. org/varroa	Personal Protective Equipment •
Synthetic	Apivar® amitraz [contact]	Pop. Pop. Increase Decrease [Not Temp Dependent]	NO	6-8 weeks wait <b>2 weeks</b> to add honey supers	PLASTIC STRIP	Miticides con harm people too!! Protect yourself with proper PPE
Organic: essential oil	ApiGuard® thymol [fumigant]	Pop. Pop. Increase Decrease	NO X	4-6 weeks	GEL OR GEL TRAY	
	Api Life Var <sup>®</sup> thymol, menthol, eucalyptus oil [fumigant]	Pop. Pop. Increase Decrease [64-95° F]	NO X	26-32 days	FOAM WAFER	
Organic: organic acid	MAQS <sup>®</sup> , Formic Pro <sup>®</sup> formic acid [fumigant]	***Kills mites in brood Pop. Peak Pop. Increase Decrease [50-85° F]	YES	MAQS: 1-3 weeks Formic Pro: 2-3 weeks	GEL STRIP	Recommended (but not required)
	Oxalic Acid, Api-Bioxal® oxalic acid dihydrate [contact, fumigant]	Pop. Pop. Increase Decrease [Not Temp Dependent] Dormant	NO X	Immediate (but may need to repeat) wait <b>2 weeks</b> to add honey supers	POWDER, 3 options:	
	HopGuard II/III® potassium salt of hops beta acids [contact]	Pop. Peak Pop. Increase [50-85° F]	YES	1 month	CARDBOARD STRIP	