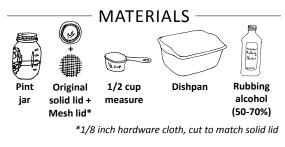
# **SAMPLE** REGULARLY (EVERY MONTH!)

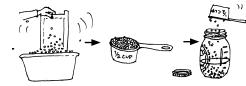
### Alcohol wash

The most accurate way to determine *Varroa* levels in your hives



10 STEPS -

- 1) Pour alcohol into jar. Set materials in easy reach
- 2) Find a frame of **open brood** Check that the queen is not on frame!
- 3) Shake adult bees from frame into dishpan Scoop ½ cup (~300) bees and pour into jar



- 4) Shake remaining bees from bin into colony
- 5) Seal solid lid on jar and shake for 1-2 min
- 6) Let jar sit for 1-2 minutes
- 7) Replace solid lid with mesh lid



8) Shake jar contents into empty dishpan

#### 9) Count the total # mites.

If there are >3, it is time to apply a chemical treatment (see inside of brochure)

10) Discard bees and mites Wash all materials; can reuse alcohol

→ email <u>bees@mass.gov</u> for a free kit!

### **KNOW YOUR PEST**

### Meet the Varroa mite...

The Varroa Mite, *Varroa destructor*, is an external parasite that feeds on honey bee adults and brood. **They weaken bees and transmit viruses.** 



Unmonitored and unmanaged infestations of Varroa mites will result in colony death.

### COMMON SIGNS OF MITE DAMAGE:



- Open or damaged pupal cells
- Chewed-down pupae
- Emerging adult bees with deformed or missing wings

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Drawings by Hannah Whitehead. Brood photo by Kim Skyrm. Other images from USDA Office of Communication in Research Science <u>https://www. usda.gov/media/blog/2014/05/13/helping-honey-bees-health</u>



United States National Institute Department of of Food and Agriculture Agriculture



## Integrated Pest Management (IPM) for **Varroa mites**



**IPM** is a decades-old farm strategy for mitigating pests while minimizing chemical use. Experts now recommend IPM for *Varroa*.

Rather than relying on a "silver bullet", good IPM incorporates **multiple practices** throughout the season, based on **pest levels** and **pest biology**.

### **IPM PRINCIPLES:**

- $\rightarrow$  KNOW YOUR PEST
- PREVENT pest build up using non-chemical practices
- $\rightarrow$  SAMPLE REGULARLY

to track pest population levels

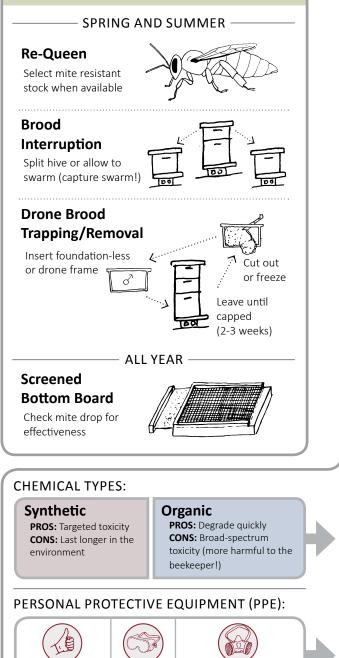
→ INTERVENE with pesticides when populations reach damaging thresholds (vary products to prevent pest resistance)



This pamphlet will help you to use IPM principles to manage Varroa mites.



# **PREVENT** PEST BUILD UP USING NON-CHEMICAL PRACTICES



Chemical-resistant

gloves

Safety

goggles

**Respirator** with an organic

particulate filter

### **INTERVENE** W/ PESTICIDES WHEN PESTS EXCEED THRESHOLDS (>3 MITES/SAMPLE!)

### TABLE OF MITICIDE OPTIONS for full product labels, visit <u>http://www.kellysolutions.com/MA/pesticideindex.htm</u>

	Name Active Ingredient [mode of action]	Season [temp] = less effective when brood is present	Honey super safe?	Treatment Duration	Application Type For instructional videos: honeybeehealthcoalition. org/varroa	Personal Protective Equipment •
Synthetic	Apivar® amitraz [contact]	Pop. Pop. Increase Decrease [Not Temp Dependent]	NO	6-8 weeks wait <b>2 weeks</b> to add honey supers	PLASTIC STRIP	Miticides con harm people too!! Protect yourself with proper PPE
Organic: essential oil	ApiGuard® thymol [fumigant]	Pop. Pop. Increase Decrease	NO X	4-6 weeks	GEL OR GEL TRAY	
	Api Life Var <sup>®</sup> thymol, menthol, eucalyptus oil [fumigant]	Pop. Pop. Increase Decrease [64-95° F]	NO X	26-32 days	FOAM WAFER	
Organic: organic acid	MAQS <sup>®</sup> , Formic Pro <sup>®</sup> formic acid [fumigant]	***Kills mites in brood Pop. Peak Pop. Increase Decrease [50-85° F]	YES	MAQS: 1-3 weeks Formic Pro: 2-3 weeks	GEL STRIP	Recommended (but not required)
	Oxalic Acid, Api-Bioxal® oxalic acid dihydrate [contact, fumigant]	Pop. Pop. Increase Decrease [Not Temp Dependent] Dormant	NO X	Immediate (but may need to repeat) wait <b>2 weeks</b> to add honey supers	POWDER, 3 options:	
	HopGuard II/III® potassium salt of hops beta acids [contact]	Pop. Peak Pop. Increase [50-85° F]	YES	1 month	CARDBOARD STRIP	